ARIOPS 2024 ONLINE CONFERENCE – 5TH JUNE 2024, 1pm to 4.45pm

Preliminary programme: subject to change without notice

13.00	Welcome from the Chair – Dr Mark Hall, ARIOPS Chair
13.05	Dr Carl Rikard Moen
	Fatigue Risk Management - staying awake to the hidden hazard
13.30	Live Q & A
13.35	Dr Mahima Abeyaratne, Occupational and Environmental Physician, Sydney Occupational Health, Australia
	Safety incidents and obstructive sleep apnoea in railway workers
14.05	Florin Dumitrascu, Human Factors, Ministry of Defence
	The safety impact of increasing the age retirement from 66 to 70
14.30	Live Q & A
14.35	Deborah Edmonds, Director of Occupational Health & Wellbeing, Network Rail
	Sustainable Health Strategy: Network Rail's CP7 aspirations and approach
15.00	Live Q & A
15.05	Short Break: Stretch legs and visit Exhibition
15.15	ARIOPS Website – Join the Conversation and be part of the Forum
15.20	Tracy Orlandi, Chair, OHHAG
	OHHAG Strategy
15.45	Live Q & A
15.50	Ms Barbara Smith, Principal Rail Operations Specialist, RSSB
	RI3789-TOM: An update to railway medical standards
16.15	Live Q & A
16.20	RSSB team member
	Fitness categorisations - criteria for medical standards
16.35	Live Q & A
16.40 - 16.45	Thanks and Closing – Dr Mark Hall, ARIOPS Chair
16.45 – 17.15	ARIOPS AGM